

Method of stress check examination

岡山大学moodle 日本語 (ja) あなたは現在ゲストアクセスを利用しています (ログイン)

令和元年度第4回ストレスチェック

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登録オプション

🔍 令和元年度第4回ストレスチェック

令和元年度第4回ストレスチェック

教師: 大森 崇

▼ 1

このコースにゲストはアクセスできません。ログインしてください。

続ける

Please click **続ける** and login with Okadai ID.



岡山大学
OKAYAMA UNIVERSITY

統合認証システムログイン

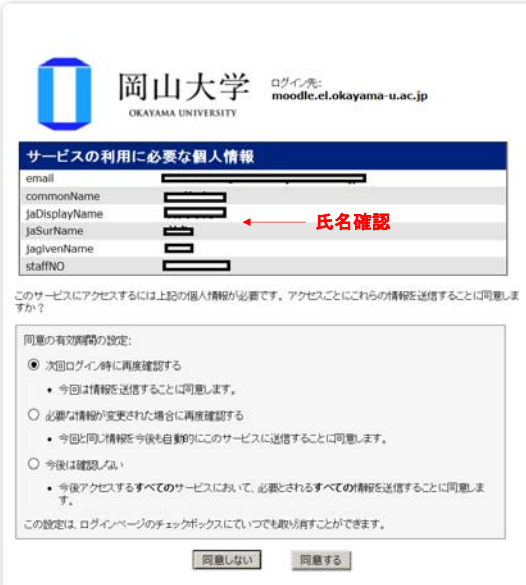
岡大ID

パスワード

※共用パソコンの利用後はログアウトのためブラウザを完全に終了させてください。
 ※パスワードが不明の場合は[こちらをご覧ください](#)。

Enter the Okadai ID and Password.

If you forget your Okadai ID password,
 click「パスワードが不明の場合はこちらをご覧ください」.



岡山大学 ログイン先: moodle.ei.okayama-u.ac.jp
OKAYAMA UNIVERSITY

サービスの利用に必要な個人情報

email

commonName

jaDisplayName ← **氏名確認**

jaSurName

jaGivenName

staffNO

このサービスにアクセスするには上記の個人情報が必要です。アクセス時にこれらの情報を送信することに同意しますか？

同意の有効期間の設定:

- 次回ログイン時に再度確認する
 - 今回は情報を送信することに同意します。
- 必要な情報が変更された場合に再度確認する
 - 今回と同じ情報を今後も自動的にこのサービスに送信することに同意します。
- 今後は確認しない
 - 今後アクセスするすべてのサービスにおいて、必要とされるすべての情報を送信することに同意します。

この設定は、ログインページのチェックボックスにていつでも取り消すことができます。

Login to Moodle ,you may get the left message .

Access moodle systems with your personal information.

○「次回ログイン時に再度確認する (need to confirm every time)」

○「必要な情報が変更された場合再度確認する (Don't need confirm it every time about Moodle)」

○「今後は確認しない (Don't need confirm it every time about besides Moodle)」

You choose one of the following,
 click「同意する(I agree)」

If you choose「同意しない(Disagree)」,
 You can't use the Moodle .

令和元年度ストレスチェック

Dashboard > Courses > その他 > 令和元年度ストレスチェック > Topic 1 > The Brief Job Stress Questionnaire English version

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The Brief Job Stress Questionnaire English version

Please take the examination during the implementation period (July 29 - August 9, 2010).

[Answer the questions...](#)

Click

[← 令和元年度ストレスチェック豊田地区以外](#)

Jump to...

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ADMINISTRATION

- Site administration

アナウンスメント

Topic 1

- 令和元年度ストレスチェック
- The Brief Job Stress Questionnaire English version ← Click

SEARCH FORUMS

Go
Advanced search

LATEST ANNOUNCEMENTS

ストレスチェック1
29 Nov, 14:09 豊田 山
Older topics ...

UPCOMING EVENTS

There are no upcoming events
Go to calendar...

RECENT ACTIVITY

Activity since Tuesday, 18 June 2019, 4:43 PM
Full report of recent activity...
No recent activity

The answer is one time.

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Your response

Respondent: Submitted on: Wednesday, 19 June 2019, 11:45 AM

ストレスチェックEnglish version

1* A Please answer the following questions concerning your job.

1. Very much so 2. Moderately so 3. somewhat 4. not at all

	1	2	3	4
1. I have an extremely large amount of work to do	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I can't complete work in the required time	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I have to work as hard as I can	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I have to pay very careful attention	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. My job is difficult in that it requires a high level of knowledge and technical skill	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I need to be constantly thinking about work throughout the working day	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. My job requires a lot of physical work	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I can work at my own pace	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. I can choose how and in what order to do my work	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I can reflect my opinions on workplace policy	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. My knowledge and skills are rarely used at work	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. There are differences of opinion within my department	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. My department does not get along well with other departments	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. The atmosphere in my workplace is friendly	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. My working environment is poor (e.g. noise, lighting, temperature, ventilation)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. This job suits me well	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. My job is worth doing	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2* B Please answer the following questions concerning your health during the past month.

1. Almost never 2. Sometimes 3. often 4. Almost always

Please choose the items that applies your answers to each questions.

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3. Spouse, family, friends, etc.

5* How well will the following people listen to you when you ask for advice on personal matters?

1. Extremely 2. Very much 3. Somewhat 4. not at all

	1	2	3	4
1. Superiors	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Co-workers	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Spouse, family, friends, etc.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6* D Please answer the following questions concerning satisfaction.

1. Satisfied 2. Somewhat satisfied 3. Somewhat dissatisfied 4. Dissatisfied

	1	2	3	4
1. I am satisfied with my job	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I am satisfied with my family life	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Have you checked all of the items?
 Please send if can correctly answer.

Save Submit questionnaire

クリック

→ 令和元年ストレスチェック実施地区以外

Jump to...

Please confirm that you are properly answering.
 You are not mistaken, click Submit questionnaire.
Once you send it, you can't change it.
 If you are not answer all question, you can't send it.
 You choose save, you can save answer temporarily.
 You can resume within the period. (August 19 - 30, 2019)

令和元年度ストレスチェック

Dashboard - Courses - お知らせ - 令和元年度ストレスチェック実施地区以外 - Topic 1 - The Brief Job Stress Questionnaire, English version

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お疲れ様でした

もし回答に間違いがあるまま送信してしまった場合、下記に連絡してください。
安全衛生部保健衛生管理課企画調整グループ 電話 津島 7 2 8 6、8 9 8 4
ストレスチェック相談・お問い合わせ stresscheck@adm.okayama-u.ac.jp
再回答するには もう一度全項目に回答する必要があります。

[Continue](#)

[=> 令和元年度ストレスチェック実施地区以外](#)

Jump to...

This is the end of the answer.
Click Continue, you can read your answers.
But you can't change the answer.

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Your response

Respondent: 森野 謙山 Submitted on: Wednesday, 19 June 2019, 11:45 AM

ストレスチェックのEnglish version

1* A Please answer the following questions concerning your job.

	1. Very much so	2. Moderately so	3. somewhat	4. not at all
1. I have an extremely large amount of work to do	*	○	○	○
2. I can't complete work in the required time	○	*	○	○
3. I have to work as hard as I can	*	○	○	○
4. I have to pay very careful attention	*	○	○	○
5. My job is difficult in that it requires a high level of knowledge and technical skill	*	○	○	○
6. I need to be constantly thinking about work throughout the working day	*	○	○	○
7. My job requires a lot of physical work	*	○	○	○
8. I can work at my own pace	*	○	○	○
9. I can choose how and in what order to do my work	*	○	○	○
10. I can reflect my opinions on workplace policy	*	○	○	○
11. My knowledge and skills are rarely used at work	*	○	○	○
12. There are differences of opinion within my department	*	○	○	○
13. My department does not get along well with other departments	*	○	○	○
14. The atmosphere in my workplace is friendly	*	○	○	○
15. My working environment is poor (e.g. noise, lighting, temperature, ventilation)	*	○	○	○
16. The job suits me well	*	○	○	○
17. My job is worth doing	*	○	○	○

2* B Please answer the following questions concerning your health during the past month.

	1. Almost never	2. Sometimes	3. often	4. Almost always
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Confirm again.
If you want to change your answer, Please contact the information desk below for any question.
You need to answer all question again after delete your data.
【Contact address】
Contact address : stresscheck@adm.okayama-u.ac.jp

The image shows a Moodle user interface. At the top right, a blue navigation bar contains a user profile icon labeled 'Student' with a red circle around it. A dropdown menu is open, listing options: Dashboard, Profile, Grades, Messages, Preferences, Log out (highlighted in blue), and Return to my normal role. Below the menu, there are sections for 'SEARCH FORUMS', 'LATEST ANNOUNCEMENTS' (with a post titled 'ストレスチェック1'), and 'UPCOMING EVENTS' (stating 'There are no upcoming events'). On the left side of the page, there is a box with the text '以外' and 'English version'.

Please log out of the moodle.