

Infection Control Requirements for Acceptance of Observers, Trainees, and Interns

Division of Infection Prevention and Control

General Affairs and Planning Division

For Observers (Applicable to Both Domestic and International Visitors)

“Observation” is defined as visiting the hospital for the purpose of collecting information regarding our medical system, treatments, research, or related activities, with access to clinical areas for **less than one week**. If the observation period exceeds one week, the visitor will be required to comply with the same requirements as trainees or interns due to prolonged presence in clinical areas.

Observers and their supervising staff members must conduct a health status check on the day of the visit and confirm that they are asymptomatic. Individuals who exhibit symptoms suggestive of an infectious disease must not enter clinical areas. (Completion of a written health checklist is not required.)

For Domestic Trainees and Interns

“Trainees and interns” are defined as individuals who enter clinical areas to acquire medical skills and gain practical experience. Even if the training period is **less than one week**, close contact with patients is expected; therefore, the following requirements apply.

Trainees and interns are considered healthcare personnel. Under the responsibility of the supervising department, they are required to comply with infection prevention measures equivalent to those applied to hospital staff. All documentation must be reviewed by both the trainee and the supervising department and retained for at least **three years**.

1. Four Viral Diseases (Measles, Rubella, Varicella, and Mumps)

- During the acceptance process, trainees and interns must undergo vaccination and/or antibody testing for these four viral diseases according to **Appendix 1 (Flowchart)** and **Appendix 2 (Reference Criteria)**.
- Proof of vaccination and antibody test results must be submitted.
- Individuals who cannot receive vaccinations for valid medical reasons, such as

vaccine allergy, may be permitted to participate upon submission of a physician's medical certificate.

2. Hepatitis B

- Submission of antibody titer data is not mandatory. However, if there is a foreseeable risk of needlestick injury or blood exposure during training, vaccination against hepatitis B and confirmation of seroconversion are strongly recommended in advance.
 - In the event of needlestick or blood exposure incidents during training, the training supervisor is primarily responsible for managing the response.
 - Consultation and reporting should be directed to the Division of Infection Prevention and Control (Extension: 7906).
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3. Daily Health Monitoring During Training

- Trainees, interns, and educational supervisors must conduct daily health checks throughout the training period to confirm that they remain asymptomatic.

- Individuals with symptoms suggestive of infectious disease must not enter clinical areas. (Completion of a written checklist is not required.)
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For International Trainees and Interns

In addition to requirements 1–3 above, the following applies:

4. Tuberculosis Screening

- Individuals must provide certification from a physician confirming that they do not have active tuberculosis.
- The method of examination or diagnosis is not specified; medical consultation alone is acceptable.

Items 1 and 4 must be documented in **Form 1**, and copies of antibody test results must be attached when applicable.

Important Notes

- If there is uncertainty regarding acceptance eligibility, consult the Division of Infection Prevention and Control.

- For foreign nationals already residing in Japan (e.g., students) or Japanese nationals residing overseas, acceptance requirements may vary depending on region and duration of stay. Advance consultation with the Division of Infection Prevention and Control is required.
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Additional Provisions

- External physicians or specialists invited for instruction or advisory purposes must also meet requirements 1–3 (and requirement 4 for international visitors).
- All certificates and related documentation must be verified by the accepting department. Original documents must be retained by the department for at least **three years** after completion of the training or visit.

Required Infection Prevention Documentation for Observations, Training, and Clinical Placements from Domestic and International Institutions

	Observation (Less than 1 Week)	Observation (1 Week or Longer) / Training / Clinical Placement
Domestic Applicants 	No documentation required	1. Four vaccine-preventable viral diseases (Measles, Rubella, Mumps, Varicella): Proof of vaccination OR antibody titer results
International Applicants 	No documentation required	1. Four vaccine-preventable viral diseases (Measles, Rubella, Mumps, Varicella): Proof of vaccination OR antibody titer results 2. Medical certificate confirming absence of active tuberculosis

•**Four vaccine-preventable viral diseases (Measles, Rubella, Mumps, Varicella):**

Documentation of **two or more vaccine doses** or antibody titers meeting the required standard is necessary.

•**Hepatitis B vaccination:**

Although submission of documentation is not mandatory, individuals who may be exposed to blood or body fluids during training or clinical placement are **strongly encouraged** to complete vaccination in advance.

•Individuals participating in observation, training, or clinical placement must be **asymptomatic on the day of participation**.