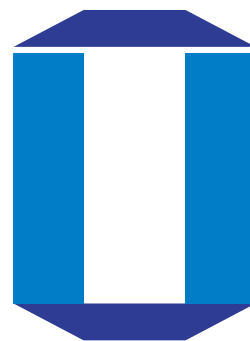


OKAYAMA UNIVERSITY HOSPITAL



OKAYAMA
UNIVERSITY



GUIDE BOOK

Message from the Hospital Director

For patients,
For the development of health and medicine,
For society

The philosophy of Okayama University Hospital is “We offer highly advanced medical care in a caring manner, train and educate excellent medical professionals, and contribute to continuous health promotion in society and the community.”

Our hospital has inherited more than 150 years of history and tradition since its origin as the Okayama Domain Medical School Hospital, established in 1870. While we take great pride in this legacy, our commitment remains unchanged: to deliver the best possible medical care to every patient—both now and in the future.

We have been providing cutting-edge medical services, including minimally invasive treatments such as robot-assisted surgery and interventional radiology (IVR), as well as organ transplantation, highly complex surgical procedures, and multidisciplinary cancer care. Looking ahead, we will further strengthen our efforts in emerging fields such as immunotherapy and genomic medicine.

As a designated “Core Hospital for Cancer Genomic Medicine,” we not only offer personalized treatment tailored to each cancer patient, but also play a leading role in advancing clinical trials, innovative therapies, and research and development in this field. Centered on the Center for Comprehensive Genomic Medicine, Clinical Cancer Center, Rare Cancer Center, Biobank, and Department of Clinical Genetics and Genomic Medicine work collaboratively to drive progress in cancer genomic medicine.

As both a “Clinical Research Core Hospital” and a “Translational Research Support Center,” we are dedicated to developing innovative pharmaceuticals and medical devices, bridging basic research and clinical application for the benefit of patients. Through the promotion of industry-academia-government collaboration and interdisciplinary research, Okayama University Hospital strives to create groundbreaking medical innovations and contribute to the sustainable improvement of health within society and the community.

Moving forward, all members of our hospital will continue to work together as one team to meet the expectations of our patients and society. We sincerely appreciate your continued support and trust in Okayama University Hospital.

Director of Okayama University Hospital

Yoshinobu Maeda, M.D.

Department of General Medicine

Clinical Practice and Research

The Department of General Medicine aims not only to “treat disease” but to “care for the whole person.” Our team-based approach focuses on improving patients’ quality of life. Through detailed interviews and appropriate blood tests or imaging, we determine the best treatment plan.

We manage a wide range of internal medicine conditions, including endocrine and metabolic disorders, infectious diseases, gastrointestinal diseases, hematologic diseases, respiratory diseases, and autoimmune disorders. We also provide comprehensive evaluation for patients with multiple related conditions or unclear diagnoses.

We offer several specialized clinics, including Kampo Medicine, Fever of Unknown Origin, COVID-19 Aftercare, COVID-19 Vaccine Adverse Reaction, Self-injection support clinic, and Para-Athlete Healthcare.



Department of Gastroenterology and Hepatology

Clinical Practice and Research

The Department of Gastroenterology and Hepatology specializes in diseases of the gastrointestinal tract, liver, pancreas, and biliary system, and also oversees the Endoscopy Center, Inflammatory Bowel Disease (IBD) Center, and Neuroendocrine Tumor Center. We provide high-quality endoscopic diagnosis and treatment for diseases of the pharynx, esophagus, stomach, and colon. We have performed more than 250 cases of peroral endoscopic myotomy (POEM) for achalasia, a procedure first introduced in the Chugoku-Shikoku region by our department. For IBD (ulcerative colitis and Crohn’s disease), we provide personalized treatment strategies tailored to each patient’s condition and lifestyle. We also operate a dedicated outpatient clinic for metabolic dysfunction-associated fatty liver disease. For liver cancer, we provide advanced therapies including radiofrequency ablation, hepatic arterial infusion chemotherapy, and molecularly targeted therapies. For pancreatic and biliary cancers, we offer endoscopic drainage, chemotherapy, and genomic testing. Our research focuses on developing minimally invasive treatment strategies for pancreatic neuroendocrine tumors, including ethanol injection therapy and radiofrequency ablation.

Department of Hematology

Clinical Practice and Research

The Department of Hematology specializes in the diagnosis and treatment of the full spectrum of hematologic disorders. Guided by global evidence and international treatment guidelines, we provide meticulous, individualized care for every patient.

To deliver the most advanced medical care available worldwide, we actively conduct clinical trials and investigator-initiated studies, and offer cutting-edge therapies including hematopoietic stem cell transplantation and CAR-T cell therapy.

For patients with refractory hematologic malignancies, we proactively perform hematopoietic stem cell transplantation. With 40 transplants performed in 2025, our hospital is one of the leading national centers for stem cell transplantation among Japan’s national and public universities.

Since late 2019, we have provided CAR-T cell therapy for refractory acute lymphoblastic leukemia, malignant lymphoma, and multiple myeloma. By the end of fiscal year 2025, we have treated a cumulative total of 183 patients, making us one of the few institutions in Japan capable of administering all CAR-T products currently approved.



Department of Respiratory Medicine

Clinical Practice and Research

Respiratory diseases—one of the most common categories of medical conditions—range widely from familiar illnesses such as infectious pneumonia to severe and treatment-resistant disorders including lung cancer and interstitial lung diseases (such as idiopathic pulmonary fibrosis). Because these conditions often cause symptoms that significantly affect quality of life, such as cough and shortness of breath, we work closely with community healthcare providers to deliver attentive, patient-centered care to both patients and their families. Before initiating treatment, we provide a thorough explanation not only of the expected benefits but also of potential side effects and alternative therapeutic options. Treatment begins only after the patient and family fully understand and agree with the plan.

As part of our commitment to expanding treatment options, we actively conduct clinical trials for new therapeutic agents targeting both benign and malignant respiratory diseases.

Patients wishing to receive care in our department are kindly requested to make an appointment through their primary care physician.



Division of Kidney, Diabetes and Endocrine Diseases

Clinical Practice and Research

Each specialized team within the division conducts detailed case reviews through multidisciplinary conferences to determine the optimal diagnostic approach, confirm the final diagnosis, and establish individualized treatment plans. We are also actively engaged in advanced medical care, clinical trials, and clinical research.

1. Renal Diseases

Diagnosis and treatment of kidney diseases, including renal biopsy

Guidance and initiation of renal replacement therapies (hemodialysis, peritoneal dialysis, kidney transplantation)

Long-term management of patients on peritoneal dialysis and post-kidney transplantation

2. Metabolic Disorders (Diabetes, Dyslipidemia, Obesity, Metabolic Syndrome)

Lifestyle counseling and pharmacotherapy for metabolic diseases

Use of continuous glucose monitoring (CGM)

Continuous subcutaneous insulin infusion (CSII) therapy

3. Endocrine Disorders

Comprehensive evaluation and treatment of disorders involving the hypothalamus, pituitary gland, thyroid, parathyroid glands, adrenal glands, and gonads

Diagnostic procedures including endocrine stimulation/suppression tests and thyroid ultrasonography



Division of Rheumatic Diseases

Clinical Practice and Research

For hospitalized patients, staff physicians participate in conferences for newly admitted patients and ward rounds to carefully review each case and determine the most appropriate diagnostic and therapeutic approach. In addition, our rheumatology team holds detailed case conferences to make accurate diagnoses and develop individualized treatment plans.

In the treatment of rheumatoid arthritis, we actively aim to achieve remission through the use of biologic agents, including anti-cytokine therapies, and JAK inhibitors. For other rheumatic and connective tissue diseases, we provide the latest evidence-based therapies. For refractory conditions, we also participate in clinical trials, offering patients access to emerging treatment options when appropriate.

We are also committed to both clinical and basic research aimed at elucidating the pathophysiology of rheumatic diseases and developing novel therapeutic strategies. We continue to disseminate new findings to the global medical and scientific communities.

Department of Cardiovascular Medicine

Clinical Practice and Research

Our department provides high-quality diagnosis and treatment for the full spectrum of cardiovascular diseases, delivered by board-certified specialists from multiple professional societies. We actively perform advanced procedures such as catheter ablation and device therapy for refractory arrhythmias, as well as catheter-based interventions for valvular heart disease and congenital heart disease. We are among the leading institutions in Japan in terms of case volume and clinical outcomes.

For time-sensitive conditions such as acute myocardial infarction, we maintain a 24-hour, 365-day emergency response system. Our hospital is also an accredited center for implantable left ventricular assist devices (LVADs), providing multidisciplinary care for patients with severe heart failure due to cardiomyopathy or other intractable diseases. When surgical treatment is required, we work closely with the Department of Cardiovascular Surgery to ensure seamless, comprehensive care.



Department of Neurology

Clinical Practice and Research

Our department receives referrals from medical institutions across Japan and serves as a leading university hospital in the Chugoku-Shikoku region. We provide comprehensive care for a wide range of neurological disorders, from common diseases to rare and intractable diseases. Through consultation meetings for patients with intractable diseases and collaboration with patient support groups, we strive to contribute to community healthcare not only by providing medical care, but also by offering support for daily living and employment.

We specialize in a wide range of neurological disorders, including stroke; dementia including Alzheimer's disease; neurodegenerative diseases including amyotrophic lateral sclerosis, spinocerebellar degeneration, and Parkinson's disease; neuroimmune diseases including multiple sclerosis, myasthenia gravis, and CIDP; and muscle diseases including muscular dystrophy, myopathy, and myositis.

We have also begun administering lecanemab and donanemab, disease-modifying therapies for Alzheimer's disease.

In research, our primary focus includes the genetics of neurodegenerative diseases including amyotrophic lateral sclerosis, and neural regeneration. Through these efforts, we continue to advance scientific understanding and contribute to the development of new therapeutic strategies.

Department of Infectious Diseases

Clinical Practice and Research

In the inpatient setting, our department provides infectious disease consultations for all clinical specialties, contributing to the standardization of infection management while promoting the appropriate use of antimicrobial agents. A significant proportion of our patient population comprises immunocompromised hosts—including organ transplant recipients and those undergoing intensive immunosuppressive therapy. For these high-risk individuals, we provide specialized expertise in the diagnosis, management, and prophylaxis of opportunistic infections. Our outpatient services encompass the longitudinal care of patients living with HIV and various vaccinations. Beyond direct patient care, we play an active role in the infection prevention and control activities, strengthening measures against healthcare-associated infections. As the Type I Designated Medical Institution for Infectious Diseases in Okayama Prefecture, we serve as a critical frontline hub for preparedness and rapid response to emerging and re-emerging infectious threats. Our research program is dedicated to addressing antimicrobial resistance (AMR), a preeminent global public health crisis. We employ a multidisciplinary approach—integrating molecular epidemiological surveillance, advanced genomic analysis, and the development of novel therapeutic strategies—to combat the evolving challenges of AMR.



Department of Gastroenterological Surgery

Clinical Practice and Research

【Esophagus】 More than 80% of esophageal cancer surgeries are performed using minimally invasive techniques, including thoracoscopic, laparoscopic, and robot-assisted procedures. For patients with advanced disease, we provide individualized multidisciplinary treatment, incorporating chemotherapy, radiotherapy, and other modalities to achieve the best possible outcomes.

【Stomach】 Over 90% of gastric cancer surgeries are now conducted using minimally invasive approaches (laparoscopic or robot-assisted surgery). We aim to deliver function-preserving, patient-friendly treatment. For advanced gastric cancer, we strive to improve outcomes through multidisciplinary therapy.

【Colon and Rectum】 More than 90% of colorectal cancer surgeries are performed using minimally invasive techniques, with robot-assisted surgery as the first-line option for rectal cancer. For locally advanced rectal cancer, we employ multidisciplinary treatment strategies to improve prognosis.

【Inflammatory Bowel Disease (IBD)】 Because many patients are relatively young, we place strong emphasis not only on minimally invasive surgery but also on cosmetic considerations, ensuring that surgical approaches support long-term quality of life.

Department of Hepato-Biliary-Pancreatic Surgery

Clinical Practice and Research

Our department performs approximately 140 liver resections, 120 pancreatic resections, and 20 liver transplants annually, making us one of the leading high-volume centers in the Chugoku-Shikoku region. In recent years, we have placed strong emphasis on robot-assisted surgery, with more than 140 cases per year, and we are among the few advanced centers capable of performing robot-assisted liver resection, pancreatic resection, and surgery for congenital biliary dilatation.

Hepato-biliary-pancreatic diseases are characterized by high surgical complexity and a high proportion of refractory malignancies. To provide optimal and high-quality surgical care, we maintain close collaboration with related departments and actively accept patients with advanced cancers that may have been deemed unresectable at other institutions, continually exploring the possibility of surgical intervention. As a “last stronghold” for patients, our guiding principle is to deliver the best possible surgical treatment and to never give up, even in the most challenging cases.



Department of General Thoracic Surgery

Clinical Practice and Research

Our department performed Japan's first successful lung transplantation in 1998 and has since completed more than 200 lung transplants. Surgical outcomes remain excellent, with a five-year survival rate of approximately 75%, placing us among the world's leading centers.

For lung cancer, we provide highly curative and safe surgical treatment based on experience with over 2,000 cases and extensive clinical data. Our surgical repertoire ranges from extended resections—supported by techniques refined through lung transplantation—to minimally invasive procedures such as robot-assisted surgery and uniportal thoracoscopic surgery.

In addition to lung cancer, we perform the full spectrum of thoracic surgeries, including procedures for metastatic lung tumors, mediastinal tumors, and malignant pleural mesothelioma. We have already completed over 1,000 robot-assisted surgeries, achieving excellent outcomes and high patient satisfaction.

All treatment decisions are made collaboratively with the Departments of Respiratory Medicine and Radiology to ensure that each patient receives the most appropriate and individualized therapy.

Department of Breast and Endocrine Surgery

Clinical Practice and Research

Our department provides state-of-the-art care delivered by a comprehensive team of specialists, including board-certified breast surgeons, medical oncologists, endocrine surgeons, certified breast care nurses, oncology pharmacists, and occupational therapists. We are equipped to manage patients with any clinical condition or comorbidity. We also conduct the largest number of clinical trials for cutting-edge therapeutics in the Chugoku-Shikoku region.

<Surgical Treatments>

We offer a wide range of advanced surgical procedures, including: Breast-conserving surgery with excellent cosmetic outcomes

Immediate and delayed breast reconstruction (using autologous tissue or implants) / Radiofrequency ablation (RFA) / Targeted Axillary Dissection (TAD) and Targeted Axillary Surgery (TAS)

<Additional Services>

We also provide: Fertility preservation for young patients with breast cancer

Cancer genomic testing

Genetic testing for hereditary breast cancer

Through multidisciplinary collaboration and evidence-based practice, we strive to deliver the most advanced and personalized care to every patient.



Department of Urology

Clinical Practice and Research

Our department was the first among Japan's national university hospitals to introduce the da Vinci Surgical System in 2010. Since then, we have performed approximately 2,100 robot-assisted surgeries, making us one of the leading institutions in Japan capable of providing all robot-assisted urologic procedures covered by national insurance.

We have also performed over 200 kidney transplants, maintaining excellent outcomes with a 1-year patient survival rate of 100% and a graft survival rate of 99%. We have pioneered several advanced procedures, including the first clinical application in Asia and Europe of robot-assisted autologous kidney transplantation, as well as Japan's first robot-assisted pyeloplasty.

In collaboration with the Department of Radiology, we also provide ablation therapy for upper urinary tract cancers and cryoablation for renal tumors. Furthermore, our hospital hosts the only Gender Center in the Chugoku-Shikoku region, supporting advanced medical care for gender-related health needs.

Through continuous innovation, we are committed to developing cutting-edge medical technologies and establishing high-quality, standardized clinical practices in urology.

Department of Cardiovascular Surgery

Clinical Practice and Research

Our department is one of Japan's leading cardiovascular surgery centers, providing highly specialized treatment for a wide range of cardiovascular diseases through both pediatric and adult cardiovascular surgery teams.

Our pediatric cardiovascular surgery team is among the largest in Japan in terms of surgical volume. We have extensive experience in neonatal surgery and the treatment of complex congenital heart disease, and our clinical outcome are internationally recognized as excellent. We also actively perform minimally invasive axillary approach for atrial septal defects and ventricular septal defect, cardiovascular surgery for adult congenital heart disease, and pediatric cardiac regenerative medicine.

Our adult cardiovascular surgery team accepts many complex and critically ill patients who are considered difficult to treat at other institutions. As a designated emergency center for acute aortic disease in Okayama Prefecture, we provide surgical care for acute aortic diseases 24 hours a day, 365 days a year.

We are also committed to surgical treatment for advanced heart failure. As a certified center for implantable ventricular assist devices, we provide highly specialized multidisciplinary care for both adult and pediatric patients.



Department of Pediatric Surgery

Clinical Practice and Research

Pediatric surgery is a highly specialized field dedicated to the surgical care of children. We treat a wide range of conditions involving the gastrointestinal, respiratory, and genitourinary systems, as well as pediatric cancers and congenital anomalies affecting the body surface. Because children are not simply “small adults”—their organs are immature and physiologically unique—pediatric surgery requires specialized knowledge and advanced technical skills distinct from those used in adult surgery.

While traditional open surgery was once the standard, minimally invasive endoscopic surgery is now widely performed. Our department is capable of providing nearly all types of pediatric endoscopic procedures and was among the first in Japan to introduce robot-assisted pediatric surgery.

We also actively treat children with complex conditions that may be difficult to manage at other institutions, working closely with multiple specialties to provide comprehensive care. At the same time, we routinely treat common pediatric conditions such as inguinal hernia.

If you have any concerns regarding your child’s health, please feel free to consult us at any time.

Department of Pediatric Cardiovascular Surgery

Clinical Practice and Research

Our department provides the highest level of surgical treatment for patients with congenital heart disease. As one of the largest centers in Japan, performing approximately 350 operations annually, we accept patients not only from Okayama Prefecture and the Chugoku-Shikoku region, but also from across Japan and overseas.



In close collaboration with the Departments of Pediatric Cardiology, Pediatric Anesthesiology, Obstetrics and Gynecology, and Pediatrics, we have extensive experience in the treatment of neonates and complex congenital heart disease, with a mortality rate of less than 1%. Particularly, we have performed more than 200 Norwood operations using the Sano modification for hypoplastic left heart syndrome, achieving outcomes that are internationally recognized as excellent. For atrial septal defects and ventricular septal defects, we perform minimally invasive surgery through a small incision under the right axilla, helping avoid visible scars on the chest. We also actively provide cardiac surgery for patients with congenital heart disease who have reached adulthood, surgical treatment for advanced heart failure using ECMO and ventricular assist devices, and pediatric cardiac regenerative medicine.

Department of Orthopaedic Surgery

Clinical Practice and Research

The Department of Orthopaedic Surgery provides comprehensive, team-based care across the full spectrum of musculoskeletal disorders. Our specialized groups collaborate to deliver advanced treatment in areas including limb-salvage surgery for malignant bone and soft-tissue tumors, spinal surgery, joint replacement of the hip, knee, elbow, and ankle, minimally invasive arthroscopic procedures, and fracture surgery.

All surgical cases are reviewed in detail by the entire staff during twice-weekly conferences, ensuring optimal treatment planning and high-quality care.

At our Hereditary Bone and Soft-Tissue Tumor Clinic, we perform genetic testing and integrate findings from iPS cell-based research into clinical practice, advancing precision medicine for rare musculoskeletal conditions.

We also support the professional soccer team Fagiano Okayama, providing sports medicine expertise to help players maintain peak performance.



Department of Plastic Surgery

Clinical Practice and Research

Plastic and reconstructive surgery is a highly specialized field dedicated to reconstructing the visible and/or functional structures of the body using skin, fat, muscle, bone, and other tissues. Our mission is to improve patients' quality of life (QOL) by restoring both shape and function through reconstructive surgery and other treatment options.

One of the major strengths of our department is microsurgery, which involves the precise connection of extremely small blood vessels and nerves to transfer the tissues. This advanced technique enables dynamic restoration of appearance and function after tumor resection, trauma, or other types of tissue defect.

Our goal is not merely to "recreate a shape," but to achieve reconstruction that is as natural, functional, and harmonious as possible. In addition to reconstructive procedures, we work closely with related departments to provide comprehensive care for patients with congenital anomalies, vascular anomalies including vascular malformations, and chronic wounds.

We are also actively engaged in advanced research and clinical innovation in the field of lymphedema, including state-of-the-art diagnostic evaluation and the development of novel treatment strategies. Through these efforts, we have achieved significant clinical and academic outcomes.

Our entire team is committed to providing each patient with the best and most appropriate treatment available.

Department of Dermatology

Clinical Practice and Research

Our department provides comprehensive dermatologic care, beginning with detailed visual and tactile examination to narrow down the diagnosis. When necessary for definitive diagnosis or assessment of disease severity, we perform blood tests, dermoscopy, skin ultrasound, skin biopsy, allergy testing, and genetic diagnostics. Final diagnoses and treatment strategies are reviewed and refined through departmental conferences to ensure the highest quality of care.

Treatment options include topical and oral therapies, as well as chemotherapy, phototherapy, and surgical procedures, depending on the specific condition. We actively accept patients requiring inpatient management and place great importance on collaboration with regional hospitals and clinics.

【Techniques Provided Under National Health Insurance】

Phototherapy, including PUVA therapy, narrowband UVB therapy, and excimer light therapy (available only for approved indications)

【Techniques Conducted as Part of Clinical Research】

Genetic testing for:

EB virus-related lymphoproliferative disorders / Melanoma (malignant melanoma) / Dermatofibrosarcoma protuberans (DFSP)

Through precise diagnostics, evidence-based treatment, and strong regional collaboration, we strive to provide optimal dermatologic care for every patient.



Department of Ophthalmology

Clinical Practice and Research

Our department is committed to improving patients' quality of vision through the use of the latest diagnostic and therapeutic technologies. As a core regional medical center, we provide comprehensive care for a wide range of ophthalmic diseases, including glaucoma, age-related macular degeneration, and cataracts, all of which are increasing with the aging population, as well as rare and refractory conditions.

To provide safe and advanced medical care, experienced specialists in each subspecialty utilize state-of-the-art equipment for diagnosis and treatment. Surgical procedures are also performed at our Ambulatory Surgery Center, enabling patients to undergo cataract surgery, glaucoma surgery, strabismus surgery, and corneal or anterior segment surgery on a same-day basis, depending on their individual needs.

In addition to clinical practice, we are actively engaged in both clinical and basic research, as well as medical education, thereby contributing to the advancement of ophthalmology and regional healthcare.

Department of Otolaryngology – Head and Neck Surgery

Clinical Practice and Research

Our department provides comprehensive care for patients of all ages—from newborns to older adults—covering medical treatment, surgical management, and rehabilitation. Outpatient clinics are held on Tuesdays, Wednesdays, and Fridays, where nationally recognized specialists in otolaryngology and head and neck surgery provide expert evaluation and care. Skull base surgery utilizing endoscopy and performed in close collaboration with the Department of Neurosurgery is another hallmark of our department.

For cancer treatment, we collaborate closely with related departments through the Head and Neck Cancer Center, delivering fully integrated, multidisciplinary care. For hearing impairment, which often requires support beyond medical treatment alone, we work in partnership with the Hearing Health Center to provide both medical and social assistance.

We are also deeply committed to advancing future therapies. To improve outcomes for refractory diseases, we conduct extensive clinical research and foster the development of clinicians who will continue to push the boundaries of medical innovation. Our mission is not only to provide the most advanced and safest care available today but also to cultivate the next generation of leaders who will shape the future of the field.

Department of Neuropsychiatry

Clinical Practice and Research

As a neuropsychiatric department within a general hospital, we are the only facility in Okayama Prefecture that has an inpatient unit including a closed psychiatric ward. A large team of psychiatrists and related specialists works collaboratively to continuously review and determine the most appropriate treatment strategies for each patient.

We provide care for acute and treatment-resistant cases across the full spectrum of psychiatric disorders. In close collaboration with other departments, we also admit patients who have psychiatric disorders complicated by physical illnesses. Our inpatient service consists of 28 beds across closed and open wards, most of which are private rooms designed to ensure privacy and a therapeutic environment.

We also offer consultation-liaison services for patients admitted to other departments, including comprehensive psychological and psychosocial assessment and intervention for patients with cancer.

In the outpatient setting, in addition to general psychiatric clinics, we run several specialized clinics, including: Dementia clinic / Gender incongruence / gender dysphoria clinic / Child and adolescent psychiatry clinic / Schizophrenia clinic

Alongside clinical care, we are actively engaged in pathophysiological research and the development of novel treatment approaches, striving to deepen understanding of psychiatric disorders and improve future therapeutic options.

Department of Neurological Surgery

Clinical Practice and Research

The Department of Neurological Surgery provides comprehensive care across a broad spectrum of conditions—from life-saving procedures for brain tumors, stroke, and traumatic brain injury, to preventive surgeries and functional procedures that improve symptoms in spinal disorders, pediatric anomaly, Parkinson's disease, and epilepsy. In parallel, we are actively engaged in prospective clinical trials and translational research to advance the future of neurosurgery. Our team includes specialists in every major neurosurgical field, enabling us to deliver both advanced conservative management and highly complex surgical interventions.

To ensure maximum safety and precision, we utilize intraoperative MRI, intraoperative angiography, neuronavigation systems, and a variety of neurophysiological monitoring techniques.

For brain tumors, we perform awake craniotomy and provide personalized neuro-oncology care guided by advanced genetic diagnostics. For cerebral aneurysms, we optimize treatment using 3D-printed models for preoperative simulation. We also actively perform neuroendoscopic surgery for pituitary adenomas and hydrocephalus, as well as endoscopic spinal surgery, offering minimally invasive options whenever appropriate.

Through the integration of cutting-edge technology and multidisciplinary expertise, we strive to deliver the most effective and individualized neurosurgical care.

Department of Anesthesiology and Resuscitology

Clinical Practice and Research

The Department of Anesthesiology and Resuscitology provides care across three major domains: perioperative anesthesia, critical care, and pain management. Through our Perioperative Management Center, a multidisciplinary team supports patients from the preoperative period onward, ensuring they are in the best possible condition for surgery.

In the operating room, we provide safe and precise anesthesia management. For surgeries requiring postoperative intensive care, anesthesiologists continue to oversee comprehensive systemic management in the Intensive Care Unit (ICU). To minimize postoperative pain, we offer a wide range of analgesic techniques tailored to each patient.

For patients suffering from chronic pain—not only postoperative pain—we provide specialized treatment at our Pain Center, including pharmacotherapy and nerve blocks. As experts in respiratory and circulatory management, our department also plays a central role in responding to in-hospital emergencies, including code blue situations.

Our mission is to ensure safe anesthesia, effective pain control, and high-quality critical care for every patient throughout the perioperative journey.

Department of Pediatrics

Clinical Practice and Research

The Department of Pediatrics provides comprehensive child-health and developmental care from the fetal period through newborns, infants, school-aged children, adolescents, and young adults. We deliver advanced and safe medical care for children with severe and treatment-resistant conditions, while also managing common pediatric illnesses. Specialists and supervising physicians across nearly all pediatric subspecialties work together as a unified team.

We place great importance on ensuring that patients and their families fully understand the treatment plan. Centered around the Pediatric Medical Center, we collaborate closely with all related departments to provide integrated, multidisciplinary care.

In addition to general wards, we offer intensive care in:

PICU (Pediatric Intensive Care Unit)/EICU (Emergency & Critical Care Unit)/NICU (Neonatal Intensive Care Unit) within the Perinatal and Maternal Center

To support children requiring long-term hospitalization, the ward includes childcare facilities and an in-hospital school (elementary and junior high), ensuring continuity of education and development.

Through specialized expertise, coordinated care, and a child-centered environment, we strive to provide the highest standard of pediatric medicine across all stages of growth.



Department of Pediatric Cardiology

Clinical Practice and Research

The Department of Pediatric Cardiology provides state-of-the-art diagnostic and therapeutic care for congenital heart disease from the fetal period through adulthood, as well as all pediatric cardiac conditions. Through multidisciplinary conferences with Pediatric Cardiovascular Surgery, Anesthesiology and Resuscitology, and Cardiology, we deliver high-quality, integrated cardiac care.

In collaboration with Obstetrics and Gynecology, we serve as a specialized center for fetal echocardiography, providing fetal diagnosis of congenital heart disease and the diagnosis and treatment of fetal arrhythmias.

Our catheter-based treatments for congenital heart disease cover a wide range of conditions, including a comprehensive range of pediatric congenital heart disease, pulmonary valve replacement in adults, and angioplasty or embolization for complex adult congenital heart disease. We are also one of the leading institutions in Japan in terms of case volume.

We also perform catheter ablation for arrhythmias and cardiac resynchronization therapy (CRT) for severe heart failure.

On the research front, we are actively engaged in studies on Fontan-associated heart failure, refractory pulmonary vein stenosis, and stent-based therapies, contributing to the advancement of pediatric and congenital cardiology.

Department of Pediatric Neurology

Clinical Practice and Research

The Department of Pediatric Neurology specializes in the growth and developmental aspects of the nervous system. We diagnose and treat a wide range of neurological disorders that appear during the developmental period, including congenital abnormalities and developmental delays.

Neurological symptoms in children are often highly diverse. Many children cannot fully describe their symptoms, and clinical manifestations may change as they grow. Understanding both the characteristics of neurological disorders and the unique developmental features of children, we provide careful, individualized evaluation and management.

For patients with conditions such as epilepsy or intellectual and developmental disabilities whose causes remain unknown, rare and atypical diseases may be hidden beneath the surface. To identify these underlying conditions and connect patients to the most effective treatments, we are actively engaged in ongoing research.

Our mission is to combine compassionate, developmentally informed clinical care with scientific investigation to improve outcomes for children with neurological disorders.



Department of Pediatric Hematology and Oncology

Clinical Practice and Research

The Department of Pediatric Hematology and Oncology provides comprehensive, long-term care in close collaboration with multiple surgical specialties—including Pediatric Surgery, Neurosurgery, Orthopedic Surgery, Hepato-Biliary-Pancreatic Surgery, Otolaryngology – Head and Neck Surgery, and Ophthalmology—as well as internal medicine departments such as Hematology and Medical Oncology. Working together with the Department of Palliative and Supportive Care, we also provide psychological and emotional support for patients and families.

We are the only pediatric department in Okayama Prefecture accredited by both the Japan Marrow Donor Program (JMDP) and the Japan Cord Blood Bank Network, and we actively perform HLA-haploidentical transplantation. Each year, we conduct 10–15 hematopoietic stem cell transplants, including autologous transplants. Our department is also certified to provide CAR-T cell therapy (tisagenlecleucel) for relapsed or refractory B-cell precursor acute lymphoblastic leukemia.

We offer a wide range of advanced cancer treatments, including cancer genomic medicine, molecular-targeted therapy, proton-beam therapy. We also participate in various clinical trials, accepting patients from both within and outside the prefecture.

In addition, we are actively engaged in multicenter clinical research and basic research aimed at uncovering the pathophysiology of hematologic and oncologic diseases, thereby contributing to the advancement of pediatric cancer care.

Department of Pediatric Anesthesiology

Clinical Practice and Research

[Perioperative Anesthesia and Management]

Pediatric anesthesia carries a higher risk of perioperative complications compared with adult anesthesia, requiring specialized knowledge and skills tailored to the unique physiology of children and the characteristics of pediatric diseases. Our pediatric anesthesiologists—who possess extensive expertise in this field—provide comprehensive preoperative assessment and systemic management when needed, ensuring that each child receives the most appropriate anesthetic care. We also manage critically ill patients during the immediate postoperative period.

[Intensive Care Management]

In addition to postoperative care, our pediatric anesthesiologists—highly experienced in critical care—collaborate with various departments to treat severe cases referred from within our hospital and from other institutions. For conditions such as heart failure, severe respiratory failure (including pneumonia), septic shock, and post-cardiac arrest care, we provide advanced therapies including:

Inhaled nitric oxide therapy / Nitrogen inhalation therapy / Therapeutic hypothermia / ECMO (extracorporeal membrane oxygenation) / Continuous renal replacement therapy (CRRT) / Peritoneal dialysis

Through specialized perioperative and intensive care expertise, we strive to ensure the highest level of safety and effectiveness for children undergoing surgery or facing life-threatening illness.



Department of Child Psychosomatic Medicine

Clinical Practice and Research

The Department of Child Psychosomatic Medicine provides fully appointment-based care delivered collaboratively by pediatricians and Certified Public Psychologist. Our goal is to help children continue to grow while managing their symptoms, working closely with families and with related departments and community agencies both inside and outside the hospital.

Our approach integrates both psychological and physical perspectives. For children, we offer lifestyle guidance, relaxation techniques, counseling, cognitive-behavioral therapy (CBT), play therapy, and sandplay therapy. Family involvement is essential, and we conduct family therapy and parent training in parallel with the child's treatment.

For orthostatic dysregulation, we use specialized tools such as the Finometer MIDI (continuous blood pressure and hemodynamic monitoring system) and NIRS (near-infrared spectroscopy) to evaluate pathophysiology and propose individualized treatment strategies.

For eating disorders, we provide Family-Based Treatment (FBT), an evidence-supported approach for children and adolescents.

Through integrated mind-body care, family support, and specialized diagnostic methods, we aim to help each child achieve healthier functioning and long-term well-being.

Department of Pediatric Emergency Medicine

Clinical Practice and Research

The Department of Pediatric Emergency Medicine operates within a hospital designated as both an Advanced Emergency and Critical Care Center and a Pediatric Emergency and Critical Care Center. Pediatric emergency care begins in close collaboration with adult emergency services, and as cases become more specialized, patients are triaged to appropriate departments such as Orthopaedic Surgery, Neurosurgery, or Pediatrics.

In pre-hospital care, we work closely with the Okayama Fire Department and may dispatch doctor cars or pickup helicopters to provide on-scene medical intervention. Rather than focusing solely on children, we also train healthcare providers to deliver emergency care with a pediatric-centered perspective in all emergency settings.

One of our key missions is to ensure that all emergency physicians gain experience in pediatric care, thereby strengthening the regional system so that no child in Okayama is left without access to appropriate emergency medical services.

Through collaboration, pre-hospital readiness, and education, we aim to build a robust pediatric emergency care network that supports children and families throughout the region.



Department of Obstetrics and Gynecology

Clinical Practice and Research

The Department of Obstetrics and Gynecology serves as a regional referral center for patients whose conditions are difficult to manage at other institutions. Our teams in perinatology, gynecologic oncology, reproductive endocrinology, and women's health work collaboratively to provide highly specialized, advanced care as a "last-resort" center.

We are among the leading institutions in Japan for the management of fetal anomalies, including fetal cardiac disease, as well as for gynecologic cancer surgery.

【Obstetrics】 We focus on the management of maternal complications such as diabetes and psychiatric disorders, high-risk pregnancies including hypertensive disorders and placenta previa, and comprehensive postpartum care. We also provide prenatal diagnosis and genetic counseling.

【Gynecology】 We offer minimally invasive procedures—including laparoscopic and robot-assisted surgery—and provide personalized cancer treatment incorporating cancer genomic medicine and clinical trials.

【Reproductive Endocrinology】 In addition to infertility and recurrent pregnancy loss treatment, we provide university-level specialized care such as fertility preservation for cancer patients and treatment for gender incongruence. Across all subspecialties, we are committed to delivering comprehensive women's healthcare, supporting patients throughout every stage of life.

Department of Radiology

Clinical Practice and Research

The Radiology Department provides imaging diagnosis using X-ray, CT, and MRI to evaluate diseases throughout the body. Radiation therapy treats various cancers—including brain, head and neck, lung, esophageal, breast, thyroid, liver, prostate, uterine, and bone metastases—using precise techniques such as stereotactic radiotherapy, IMRT, and VMAT to reduce side effects and improve outcomes.

In interventional radiology (IVR), we perform embolization for tumors, aneurysms, and vascular malformations, as well as radiofrequency ablation for lung cancer and osteoid osteoma, and cryoablation for renal cancer.

Our research includes developing photon-counting CT imaging methods, creating ablation devices and needle-guidance robots through medical-engineering collaboration, conducting clinical trials, and applying hydrogel spacers in clinical practice.



Department of Emergency and Critical Care Medicine

Clinical Practice and Research

The Department of Emergency and Critical Care Medicine serves as the final safety net for emergency care in Okayama Prefecture, guided by the principle of providing care to “anyone, anywhere, anytime, for anything.” Through a highly coordinated in-hospital system, we work closely with multiple specialty departments to deliver the highest standard care to every patient, regardless of the severity or complexity of their condition. We provide comprehensive care for patients with acute illnesses and traumatic injuries, while also responding to large-scale emergencies such as multi-casualty incidents. In such situations, our team may be dispatched in a physician-staffed emergency vehicle (“doctor car”) to provide on-site medical support alongside emergency medical services personnel.

For patients who cannot be saved despite maximal treatment, we place great importance on preserving dignity and providing compassionate end-of-life care together with their families. Through this approach, our hospital has supported numerous organ donations after brain death, honoring patients’ wishes.

Our mission is to combine rapid emergency response, multidisciplinary expertise, and compassionate care to protect the lives and dignity of all patients who come through our doors.



Department of Medical Oncology

Clinical Practice and Research

The Department of Medical Oncology, newly established on September 1, 2025, is dedicated to advancing cancer care through the dual pillars of clinical practice and research. By integrating insights and data gained from daily patient care, we strive to develop new therapeutic strategies and contribute to the future of oncology.

Focusing primarily on systemic therapy, including anticancer drug treatment and immunotherapy, our mission is to ensure that each patient’s treatment today becomes a foundation for tomorrow’s medical progress. In the rapidly evolving field of oncology, we actively incorporate the latest knowledge, technologies, and therapeutic agents to provide the best possible care available at this moment. As highly specialized medical oncologists, we continuously refine our expertise—both individually and as a team—to deliver university-level, cutting-edge cancer treatment.

We also place great importance on supporting the lives of patients and their families. Through compassionate, patient-centered care, we walk alongside them as they face the challenges of cancer in the “here and now.”

Furthermore, by integrating clinical and basic research, we promote the development of future oncology professionals and contribute to the advancement of cancer medicine and the creation of a better “future.”

Department of Pathology

Clinical Practice and Research

The Department of Pathology examines histological and cytological specimens under the microscope—and, when necessary, at the molecular level—to identify the fundamental nature of disease and guide appropriate treatment. We also play a critical role in intraoperative diagnosis, helping surgeons determine the optimal surgical approach in real time and ensuring that procedures are neither excessive nor insufficient. For patients who have undergone treatment, we assess therapeutic response, which is an essential component of modern oncologic and medical care.

Specimens are submitted from nearly all clinical departments, covering diseases throughout the entire body. To provide the highest-quality diagnoses, our team includes pathologists with expertise across multiple subspecialties, who work closely with treating physicians to ensure accurate and clinically meaningful interpretations.

Although we rarely meet patients directly, our mission is to support the delivery of optimal medical care through precise and reliable diagnostic pathology.



Department of Palliative and Supportive Care

Clinical Practice and Research

Curing disease is not the whole of medicine, and for us it is not even the central aim. What we attend to is the many forms of pain and distress that illness brings to patients and their families alike. Address that suffering, and quality of life (QOL) improves. That is the goal we work toward: not cure pursued for its own sake, but a better QOL for the people living through illness.

Our hospital brings together specialists across many areas of disease treatment, and we coordinate closely with them. But we reach further. We collaborate with medical staff in other departments (psychiatry, dentistry, radiology, anesthesiology, and so on) and with the broader care team: nurses, pharmacists, social workers, clinical psychologists, dietitians, rehabilitation staff, and dental hygienists, and others. Responding to the suffering of patients and their families, and lifting their QOL, is the work we share. And we carry that same purpose into research, asking how QOL can be raised.

Department of Clinical Genetics and Genomic Medicine

Clinical Practice and Research

The Department of Clinical Genetics and Genomic Medicine provides both genetic medicine and cancer genomic medicine. In genetic medicine, we not only diagnose hereditary diseases but also offer information, counseling, and coordinated care aimed at prevention and early detection based on genetic findings. Anyone who may benefit from genetic evaluation—regardless of whether symptoms are present—is welcome to seek consultation.

As the only institution in the Chugoku-Shikoku region designated by the Ministry of Health, Labour and Welfare as a Core Hospital for Cancer Genomic Medicine, we perform cancer gene panel testing to identify tumor-related genetic alterations and guide treatment selection.

Our outpatient clinic operates by appointment, with care provided by a multidisciplinary team including clinical geneticists, certified genetic counselors, and specialist oncology nurses. We strive to communicate the latest medical information clearly and support patients and families in making informed decisions with confidence.

Department of Comprehensive Dentistry

Clinical Practice and Research

The Comprehensive Dentistry unit provides evidence-based dental treatment through collaboration among several dentists from each specialization. We ensure sufficient time for communication so that patients fully understand their treatment plans.

At a university hospital, patients with several oral difficulties must visit different specialized departments for each treatment. In our unit, however, a single primary dentist coordinates all necessary treatments together with specialists, allowing patients to receive comprehensive care without changing departments for each treatment. This enables integrated, whole mouth management. When highly specialized treatment is required, we collaborate closely with the appropriate specialty departments to provide optimal care.



Department of Operative Dentistry

Clinical Practice and Research

The Department of Operative Dentistry specializes in the restoration of teeth damaged by dental caries or other causes, endodontic treatment of the dental pulp, and periodontal therapy. Early detection and management of dental caries are essential. Improving the oral environment to halt disease progression is also a key focus. We aim to preserve tooth structure and pulp vitality while minimizing the unnecessary removal of tooth material. Our aesthetic dental clinic provides treatments such as tooth whitening and precise composite resin restorations to achieve natural-looking aesthetic results. Our research activities include developing regenerative therapies for dentin and dental pulp, advancing caries treatment using aesthetic restorative materials, and conducting clinical studies on mouth rinses for the management of dentin hypersensitivity.



Department of Periodontics and Endodontics

Clinical Practice and Research

The Department of Periodontics and Endodontics is dedicated to maintaining oral health through the treatment of periodontal and endodontic diseases, while also helping to reduce the impact of oral infection and inflammation on systemic health. We believe that dentistry serves two essential roles: supporting nutrition and controlling infection and inflammation, with the goal of extending not only healthspan but also overall well-being.

Guided by the concept of “soft-landing aging” (SoLA), we provide lifelong oral health care. Our team, led by certified specialists in periodontics and conservative dentistry, offers a comprehensive range of treatments, from basic periodontal therapy to microsurgical periodontal and endodontic procedures, as well as periodontal tissue regeneration. By preserving both the dental pulp and periodontal tissues, we help maintain oral function and contribute to improved systemic health.

Department of Oral Rehabilitation and Implantology

Clinical Practice and Research

The Oral Rehabilitation and Implantology unit provides safe and reliable implant treatment in close collaboration with dental technicians. We offer dentures supported by newly placed implants on the same day or the following day, reducing discomfort related to eating, appearance, and speech during the treatment period.

Using CT-based three-dimensional evaluation of the jawbone, we perform guided implant surgery, allowing implant placement without hospitalization. We actively apply the latest global research findings in implant dentistry, regenerative medicine, and digital technologies to clinical practice.

In cooperation with medical departments, we also diagnose and treat temporomandibular disorders, orofacial pain, sleep apnea, and metal allergies, and support nutritional management for hospitalized patients—serving as a key resource for regional oral healthcare.

Department of Prosthodontics

Clinical Practice and Research

The Division of Prosthodontics provides specialized care in the following areas:

- ① Prosthodontic Treatment: Restoration of oral function based on examinations, including occlusal analysis, masticatory function, and tongue function assessment.
- ② Temporomandibular Disorders: Diagnosis and treatment of jaw joint pain and occlusal discomfort using MRI and tomographic imaging.
- ③ Maxillofacial Prosthetics: Fabrication of prostheses for patients after surgical resection of oral or maxillofacial tumors.
- ④ Specialized Removable Prostheses: Removable prostheses supported by implants or magnetic attachments.
- ⑤ Dream Conversation Project Clinic: Development and provision of artificial tongue devices for patients after subtotal glossectomy.
- ⑥ Speech Disorder Management: Treatment of speech disorders associated with cerebrovascular disease using PAP, PLP, and custom-made NSV.

Department of Preventive Dentistry

Clinical Practice and Research

The Preventive Dentistry unit focuses on managing the two major causes of tooth loss: dental caries and periodontal disease. We provide fluoride-based caries prevention, periodontal therapy centered on oral hygiene, and management of oral function. Our goal is to meet patient needs and improve satisfaction, especially for those wishing to preserve their natural teeth.

Patients typically visit every 1–6 months for ongoing management of caries, periodontal disease, and oral function, enabling long-term tooth preservation. We also offer specialized oral care for patients undergoing head and neck cancer treatment, helping reduce treatment-related side effects and supporting smooth continuation of therapy.

For halitosis, we use dedicated diagnostic equipment to measure oral malodor and identify its causes based on objective data, allowing us to determine appropriate management strategies.



Department of Oral and Maxillofacial Radiology

Clinical Practice and Research

The Oral and Maxillofacial Radiology Unit performs intraoral and extraoral radiographic imaging of the oral and maxillofacial region, primarily including panoramic and dental radiography. We also provide cephalometric radiography required for orthodontic treatment.

In addition, we perform specialized imaging examinations such as MRI, dental cone-beam CT (CBCT), CT, and ultrasonography, and provide diagnostic interpretation of these studies.

MRI examinations include imaging and interpretation of the temporomandibular joint (including the articular disc) in patients with temporomandibular disorders, as well as evaluation of other conditions such as cysts, tumors, and osteomyelitis.

These examinations are also available upon request from regional medical and dental institutions, and all imaging requests are handled through the Oral Examination and Diagnosis Center.

Please note that examinations performed for the purposes of orthodontic treatment or dental implant treatment are not covered by insurance and are provided on a self-pay basis.

Department of Dental Anesthesiology

Clinical Practice and Research

The Dental Anesthesiology unit specializes in providing safe, comfortable, and pain-free dental care through anesthesia management, as well as treating pain disorders of the oral and maxillofacial region. We offer intravenous sedation and general anesthesia for dental treatment and oral surgery, along with diagnosis and treatment of oral and facial pain and sensory disturbances. Allergy testing is available for patients suspected of having reactions to dental local anesthetics.

Our team—composed of Board Certified Dental Anesthesiology Specialists and Japanese Board of Dental Anesthesiologists certified by the Japanese Dental Society of Anesthesiology—works closely with other departments to ensure high-quality, coordinated care.



Department of Oral and Maxillofacial Reconstructive Surgery

Clinical Practice and Research

The Oral and Maxillofacial Reconstructive Surgery unit is one of the most historic departments within the School of Dentistry. Our clinical practice covers the full scope of oral and maxillofacial surgery—from simple tooth extractions to treatment of life-threatening malignancies. While we provide top-level care across all areas, we are particularly recognized for high-quality treatment of cleft lip and palate and safe, reliable management of jaw deformities and other growth-related conditions.

As part of the Head and Neck Cancer Center, we contribute to improved outcomes through close medical-dental collaboration in cancer care. To ensure that patients receive the most up-to-date treatments, we actively engage in clinical research and academic activities, providing evidence-based care as a core regional center for oral and maxillofacial diseases.

Department of Oral and Maxillofacial Surgery

Clinical Practice and Research

【Oral Cancer】

We diagnose and treat oral cancer, aiming to improve outcomes through multidisciplinary care. For postoperative functional or esthetic impairments—such as speech, mastication, and swallowing difficulties—we provide reconstructive surgery, maxillofacial prosthetics, and dysphagia rehabilitation in collaboration with related departments. Our unit is certified by the Japanese Society of Oral Oncology as a training facility for oral cancer specialists.

【Dentofacial Deformities】

In cooperation with orthodontists, we perform orthognathic surgery and are among the leading centers in western Japan in annual case volume. For severe jaw deformities, we also provide advanced treatments incorporating distraction osteogenesis. Our unit is accredited by the Japanese Society of Jaw Deformities as a specialist training facility.

【Temporomandibular Joint Disorders】

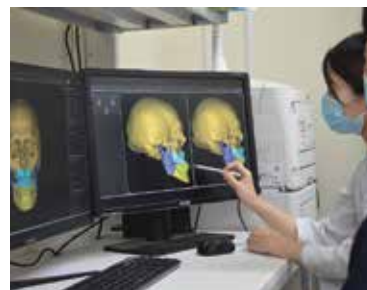
We perform surgical treatment for habitual temporomandibular joint dislocation. For temporomandibular joint ankylosis, we meet the facility standards required to perform total joint replacement.

Department of Orthodontics

Clinical Practice and Research

The Orthodontics unit provides evidence-based diagnosis through detailed analysis of examination results, followed by case discussions among multiple orthodontic specialists, including the department chair. Rather than presenting a single treatment plan, we offer several options based on the patient's concerns, allowing them to choose the most suitable approach.

The use of orthodontic mini-implants (TADs) has expanded the range and direction of tooth movement, enabling more precise and versatile treatment. To meet the diverse needs of patients, we offer lingual appliances and clear aligners for those who prefer discreet treatment. For patients sensitive to discomfort, we use appliances and materials that apply very light forces to minimize discomfort and pain.



Department of Pediatric Dentistry

Clinical Practice and Research

The Pediatric Dentistry unit provides treatment for infants, children, and adolescents with a wide range of oral conditions. Early caries prevention during infancy and early childhood is essential for establishing a healthy oral environment, and we place strong emphasis on oral hygiene instruction for parents and caregivers. After treatment, regular check-ups help ensure early detection and management of new caries, periodontal disease, and other oral problems.

We also perform examinations and diagnosis for malocclusion commonly seen during growth and development. When necessary, patients are referred to other dental specialties or managed in collaboration with pediatric medicine.



Access to Okayama



By Train JR Tokaido-Sanyo Shinkansen Nozomi



from Tokyo	3 hours 10 minutes
from Nagoya	1 hour 35 minutes
from Kyoto	60 minutes
from Shin-Osaka	45 minutes
from Hakata	1 hour 40 minutes



University Mark

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