



## **EXCHANGE PROGRAM OKAYAMA (EPOK)**

### **Resident Registration and Insurance**

- ◎ **After your arrival in Japan, there are a few formalities you have to go through. We will help you with them during the orientation period.**

#### **★ Resident Registration**

At Narita, Haneda, Chubu and Kansai Airports, besides having a seal of landing verification stamped in their passports, mid to long term residents will be issued a resident card. For students arriving at Okayama Airport, since the Residence Card will not be issued upon arrival, you will have to apply for it at the municipal office.

So that we strongly recommend you to enter from Narita, Haneda, Chubu or Kansai Airport. Students must register at the municipal office of the city (town, village) where they live within 14 days of finding a place to settle down.

We will help you complete this procedure after your arrival at the arrival orientation.

Things necessary for this registration are:

- ① Your valid passport and Your Resident Card issued at the port of entry
- ② Application form (we will provide you after your arrival)

#### **★ National Health Insurance**

Purchasing Japanese National Health Insurance is compulsory while you study at Okayama University. We will help you complete this procedure. You will have to go to the municipal office to do it. The monthly insurance fee is approximately ¥2,000. It covers 70% of the medical fee. The insurance card will be mailed to your registered address. Should you go to a hospital in Japan, be sure to bring the card with you.

#### **★ Student Mutual Benefit Insurance**

We would like all the exchange students to purchase the Student Mutual Benefit Insurance at Okayama University Co-op. It costs approximately ¥16,000 per year including Co-op membership of ¥4,000. If you join the University Co-op, you can also purchase books and foods at membership price. This membership fee will be refunded when you withdraw from Co-op membership at the end of your stay.